

AUTHOR • SPEAKER • TEACHER

THE SUPERPOWER *Secret*

CONSCIOUS CREATION AT EVERY STAGE OF LIFE

An interactive 90-minute experience that inspires possibility, awakens choice, and empowers participants to create more of what they truly desire.



"Your circumstances may be real. But they are not the whole of what is possible for you."

— WHAT ELSE MIGHT BE POSSIBLE? —



ABOUT THE EXPERIENCE

Based on the principles in her book *The Superpower Secret*, Sandy Rifkin guides audiences through a powerful journey of awareness, choice, and possibility. Through teaching, guided experiences, and practical exercises, participants discover how to become active creators of their experience—at any stage of life.



PARTICIPANTS WILL...

- ★ Experience the power of creating from awareness rather than limitation
- ★ Identify what they appreciate, what they want to change, and what they truly desire
- ★ Choose one heart's desire and turn it into a five-week experiment
- ★ Discover and expand their own Superpower Secret
- ★ Leave with clarity, inspiration, and practical tools they can use immediately



A UNIQUE, INTERACTIVE EXPERIENCE

"Sandy has a rare gift for making complex spiritual principles simple, relatable, and deeply practical. Her presence is warm, wise, and truly inspiring."

— Audience Member



PROGRAM OVERVIEW

90 MINUTES

- 1 WELCOME, THE INVITATION & YOUR SUPERPOWER
- 2 INTRODUCING CONSCIOUS CREATION
- 3 THE SUNFLOWER EXERCISE
- 4 THE CONSCIOUS CREATION EXERCISE
- 5 THE FIVE-WEEK EXPERIMENT
- 6 THE SUPERPOWER SECRET: THE REVEAL
- 7 CLOSING & INVITATION



ABOUT SANDY RIFKIN

Author of *The Superpower Secret*, Sandy Rifkin is a speaker, teacher, and conscious creation guide. At 90 years young, she brings wisdom, humor, and lived experience to audiences, empowering them to discover their own superpowers and create more of what truly matters.



PERFECT FOR



WOMEN'S GROUPS



UNITY CHURCH
EVENTS



RETREATS &
WORKSHOPS



FAITH-BASED &
SPIRITUAL COMMUNITIES

Let's create
WHAT ELSE IS POSSIBLE.



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